



Riverview Reporter

Champions Inspired by Values



Term 3 Week 5

From the Head's Desk

15 August 2024

WOMEN'S HEALTH AND WELLNESS DAY

A group of committed and energetic ladies on the PTA have voluntarily put in many hours of intense effort to organize a Women's Health and Wellness Day on **Saturday 24 August 2024**.

The day offers amazing activities, interesting talks and exceptional products with all items on sale and activities focused on ladies needs and wants.

Malelane certainly does not offer much in the way of quality entertainment, activities or specialist products for the women in the community! In addition, proceeds from the day go towards providing an improved educational experience for the children at our school.

PLEASE

get involved, buy tickets and encourage your friends to attend.

Spoil yourself - it WILL be a wonderful day!

Have a great weekend.

Brendan Bailey

Week ahead:

Grade 4-7 Standardised Test: 19-23 August: Natural Science.

Thursday 15 August - U13 Cricket v Sabie @ RPS.

Friday 16 August - Grade 0 Outing.

Friday 16 August - U9 Hockey @ Uplands.

Saturday 17 August - Mini Hockey @ Barberton.

Monday 19 August - U9 Cricket v Sabie @ RPS.

Tuesday 20 August - U11 Cricket v Skukuza @ RPS.

Wednesday 21 August - U13 boys hockey playoffs @ White River.

Wednesday 21 August - U11 boys and U11/13 girls hockey v Komatipoort @ RPS.

Thursday 22 August - U13 Cricket @ Skukuza.

Saturday 24 August -

Women's Health & Wellness Morning.



WIN! Fantastic Raffle Prizes to be won during **WOMEN'S MONTH**

Buy your raffle ticket @ **R100** per ticket from your PTA class Mom or from the Riverview Prep School office and stand a chance to win one of the following superb prizes:

1st Prize: One night stay for 2 people including dinner, breakfast and a couple's massage at the gorgeous Kambaku River Lodge, Malelane, valued at R10 500 .



2nd Prize: A Style and Colour Consultation by Lizelle Greaves, trained with SA Image International, valued at R3000.



Draws will take place on **Saturday 24 August 2024** at the Women's Health & Wellness Morning, Riverview Prep School.
Raffle winners will be contacted if not present.
Prizes valid until **01 March 2025**



Women's Health & Wellness Morning

Join us for a morning of health, fitness, and fun-filled shopping!

DAY-CARE AVAILABLE

On premises
From 2 years old
Until 2pm
R50 per child cash on the day
Book with Lizelle: 082 448 3931

**Riverview Prep School
Malelane
Saturday 24 August 2024
08h30 - 14h00**

What to bring?

- Gym mat (if possible)
- Water bottle
- Feminine hygiene product to donate
- Sweat towel (optional)
- Rebounder /trampoline (optional)

R200 Quicket online

R220 at the gate

Scan the QR code for ticket

bookings or visit

<https://qkt.io/Qhn12A>



Tickets include access to:

- all gym sessions
- talks & vendors
- free raffle entry into the wellness hamper
- goodie bag (worth > R500) - first 150 ladies to arrive

What to Expect?

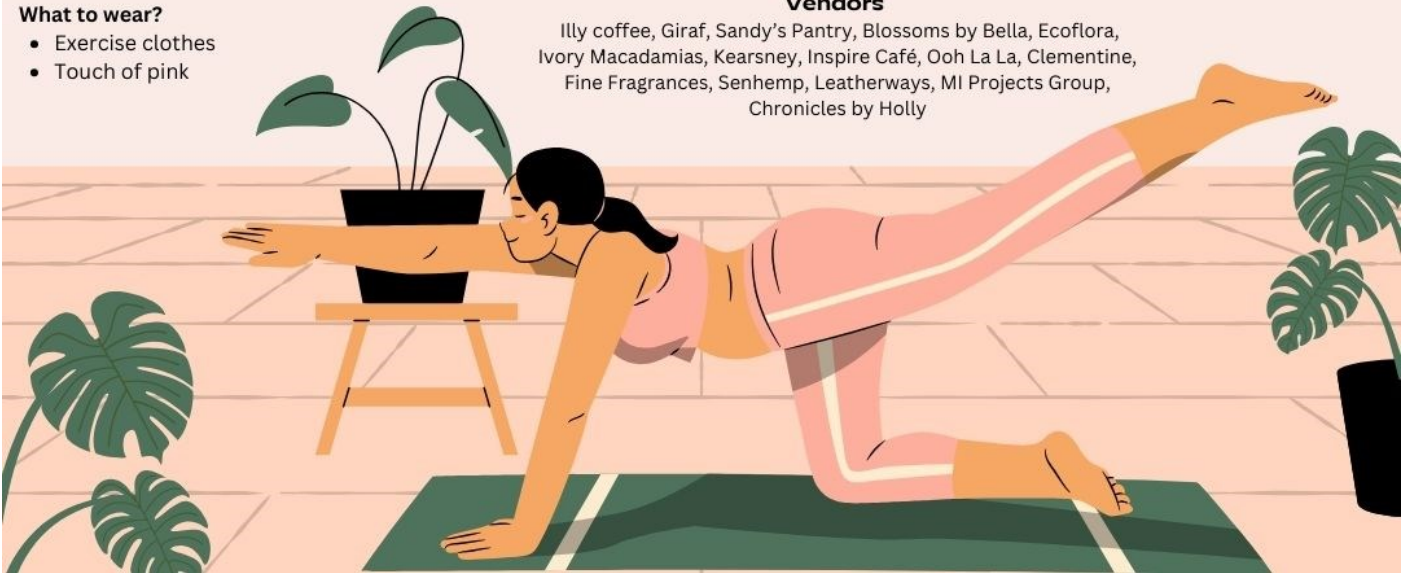
- 8.30 - 9.00: Arrival & collection of goodie bags
- 9.00 - 9.15: Welcome
- 9.30 - 10.30: Secret Sunrise Aerobics Flow (meditative flow combined with aerobics using headphones) by Natascha Cope
- 10.45 - 11.00: Talk by Dr Singh on Botox
- 11.15 - 11.45: Beginners Pilates by Mariet Look
- 11.45 - 12.15: Intermediate Pilates by Mariet Look
- 12.30 - 12.45: Styling Demo by Lizelle Greaves
- 13.00- 13.45: Rebound (trampoline workout) by Mariet Look
- 13.45- 14:00: Raffle Draw

What to wear?

- Exercise clothes
- Touch of pink

Vendors

Illy coffee, Giraf, Sandy's Pantry, Blossoms by Bella, Ecoflora, Ivory Macadamias, Kearsney, Inspire Café, Ooh La La, Clementine, Fine Fragrances, Senhemp, Leatherways, MI Projects Group, Chronicles by Holly



From the Sports Desk

Congratulations to Shalom Lebakeng who won 1st place in the C division of the Malelane Junior Golf Open 1st day at Malelane Golf Club.



TERM DATES 2025

2025 Term Dates

First Term

Staff:	Monday	13 January
School Opens for pupils:	Wednesday	15 January
School Closes:	Friday	11 April

Public Holidays:	Friday	21 March	Human Right's Day
Mid-term break: 21-24 March inclusive			

Second Term

Staff:	Monday	05 May
School Opens for pupils:	Tuesday	06 May
School Closes:	Friday	27 June

Public Holidays:	Monday	17 June	Youth Day
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Third Term

Staff:	Monday	21 July
School Opens for pupils:	Tuesday	22 July
School Closes:	Friday	26 September

Public Holidays:	Wednesday	24 September	Heritage Day
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Fourth Term

Staff:	Tuesday	07 October
School Opens for pupils:	Wednesday	08 October
School Closes:	Friday	28 November at 10h00
School Closes for staff:	Wednesday	03 December

Public Holidays 2025

Wednesday	01 January	New Year's Day
Friday	21 March	Human Rights Day
Friday	18 April	Good Friday
Monday	21 April	Family Day
Sunday	27 April	Freedom Day
Monday	28 April	Freedom Day Holiday
Thursday	01 May	Workers' Day
Monday	16 June	Youth Day
Saturday	09 August	National Women's Day
Wednesday	24 September	Heritage Day
Tuesday	16 December	Day of Reconciliation
Thursday	25 December	Christmas Day
Friday	26 December	Day of Goodwill



Pre-Primary News

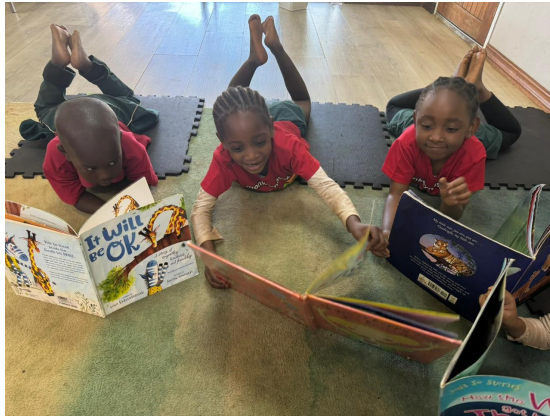
On the 12th of August 2024 the Cubs dressed up to celebrate World Elephant Day. They learnt all about the world's largest living land animal. Elephant tusks are actually enlarged incisor teeth which first appear when elephants are around 2 years old. Tusks continue to grow throughout their lives. Elephants have created their very own sunscreen! After a river bath, they will throw mud or sand up and over themselves to protect their skin from the hot, burning sun. How clever!!



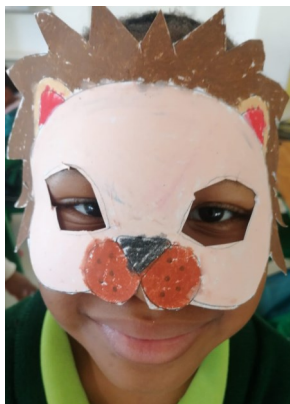
The Grade 000s enjoyed making yummy chocolate traffic lights and ran off all their energy playing their favourite robot game.



“You can find magic wherever you look. Sit back and relax, all you need is a book” – Dr. Seuss



The Grade 0s celebrated World Lion Day by making their own unique lion masks for fantasy play.



*Come Pray
with Us!*

Moms in Touch would like to invite you to join us to pray for our children and our wonderful school.

Tuesday mornings under the school trees. God works through praying Mothers. Covering your children in prayer, will help give you peace for every aspect of their lives!

If you would like to join or if you have any prayer requests you can contact Liziwe on 082 480 3138.

When we try, we fail. When we trust, He succeeds.

Corrie Ten Boom.

Satisfy us in the morning with Your steadfast love, that we may rejoice and be glad all our days.

Psalm 90:14 ESV